

2017- 18

Annual Report



Nirman Foundation

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DIRECTOR'S NOTE



ABOUT US

Established in 2009, Nirman Foundation, a non-profit organization based out of Kolkata, West Bengal is actively working on issues around basic healthcare, education, water, sanitation and hygiene.

Nirman Foundation aims at building community resilience in decision making and problem solving on issues around water and sanitation.

What we do:

Nirman Foundation, since inception has diversified to multiple areas of work. However, women and children have remained at the core of every intervention. Nirman Foundation has developed a strong commitment to develop community capacity to identify and mitigate issues around health, education and water. Nirman Foundation has built a strong network of human resources capable of delivering high end social and behavior change communication solutions to emerging public health challenges including mental health and domestic abuse.

Objectives:

- Advancement of education and spread of literacy
- Provision for material relief and health care for the poor
- Advancement of any other object of general public utility in India

FOCUS AREAS OF 2017-18

2017- 18 will go down into the annals of Nirman Foundation as the year when it took up the challenge to face one of the most obscure and riddled public health challenges, the menstruation hygiene management.

This year, Nirman Foundation, in collaboration with development partners, have successfully implemented menstrual hygiene management projects in Kolkata and Purulia. In the process, Nirman Foundation has developed a host of state of the art communication materials keeping in mind the need to provide information and education in the form of popular storytelling.

PROGRAMMES

The flagship interventions around water, sanitation and hygiene have continued well into 2017- 18. Nirman Foundation has developed a long standing commitment to build capacities of Village Water and Sanitation Committees (VWSCs). In 2017-18, Nirman Foundation expanded its reach to tackle issues around menstrual hygiene management, especially among school going girl children with the intent that once sensitized, the children will break the cycle of unhygienic practices around menstrual hygiene management and will work as catalyst of behavior change in family and communities.

MENSTRUAL HYGIENE MANAGEMENT (MHM) FOR ADOLESCENT GIRL STUDENTS IN UPPER AND SECONDARY SCHOOLS OF PURULIA DISTRICT IN WEST BENGAL

Coal India Ltd. and Nirman Foundation have joined hands to implement menstrual hygiene management project in 50 schools in Purulia, West Bengal in collaboration with Sarba Shikshya Abhijan & State Dept. of School Education. The programme has commenced in May 2017 and is designed to be continued for 5 years. Approximately 7500 students have been reached out to in the first phase of the programme.

Objectives:

- To increase awareness on Menstrual Hygiene & practice including Menstrual Waste Management among adolescent Girls in Schools in rural Bengal
- Capacity building of all the concerned stakeholders in School level to bring about behavioral changes towards MHM for girls and women in the society at large

Infrastructure upgrade

To facilitate availability, acceptability and use of sanitary napkins by students, the project undertook extensive hardware up gradation. Nirman Foundation installed fully automated, programmable, customizable, electronic napkin vending machine and wall mounted, auto cut- off, ceramic insulated and electrically safe incinerator in all 50 intervention schools. Users can insert coins to obtain sanitary napkins.



Capacity building

Selected students, teachers, non-teaching staffs and selected School Management Committee members were sensitized using standardized module. The participants received knowledge kits including booklets for further reference.

Type of training	No. of sessions
Students	50
Teachers and guardians	50



Monitoring

The extensive phase of the project includes routine and non-routine monitoring through periodic field visits to evaluate behavior change, usage and maintenance of hardware components. At the startup phase, the project conducted through baseline survey. The midline evaluation is currently underway.

MENSTRUAL HYGIENE MANAGEMENT PROGRAMME AMONG ADOLESCENT GIRL STUDENTS IN FOUR (4) SCHOOLS OF KOLKATA AREA UNDER THE CSR INITIATIVE OF BALMER LAWRIE & CO. LTD.

While partnership with Coal India Ltd. made intervention on menstrual hygiene management in rural hinterland possible, with Balmer Lawrie & Co. Ltd.; Nirman Foundation reached out to adolescent school going girl children in urban and suburban areas around Kolkata metropolis. An estimated 700 students in 4 schools across North & South 24 Parganas, West Bengal have been reached out to, in collaboration with Sarba Shiksha Abhijana & State Dept. of Education



Objectives:

- Develop infrastructure to facilitate use of sanitary napkins among school going girl children.
- Promote menstrual hygiene management among students, teachers and non- teaching staff of four intervention schools through capacity building and handholding.

Infrastructure upgrade

With the support from Balmer Lawrie funding, the project up scaled the required infrastructures. Nirman Foundation installed fully automated, programmable, customizable, electronic napkin vending machine and wall mounted, auto cut- off, ceramic insulated and electrically safe incinerator in all 4 intervention schools. Users can insert coins to obtain sanitary napkins. Nirman Foundation conducted demonstration session for students to help them adopt using vending machine and incinerator. Nirman Foundation provided 1620 pieces of sanitary napkins to each school to start up.

Capacity building

Selected students, teachers, non- teaching staffs and selected School Management Committee members were sensitized using standardized module. The participants received knowledge kits including booklets for further reference.

Type of training	No. of sessions
Students	4
Teachers and guardians	4

Monitoring

The extensive phase of the project includes routine and non-routine monitoring through periodic field visits to evaluate behavior change, usage and maintenance of hardware components. At the startup phase, the project conducted thorough baseline survey. The impact is currently underway.

SYSTEMATIC MANAGEMENT OF MENSTRUAL HYGIENE IN INDIAN INSTITUTE OF COAL MANAGEMENT (IICM) IN RANCHI

Nirman Foundation facilitated systematic management of menstrual hygiene in Indian Institute of Coal Management (IICM) in Ranchi, Jharkhand campus on 14th October 2017 with financial support from SIPL.

At a project cost of INR.80000 approx, Nirman Foundation facilitated installation of one set of napkin vending machine and incinerator. Nirman Foundation, further conducted a workshop to sensitize students and staffs of IICM on systematic management of menstrual hygiene.



AWARENESS SESSION ON MENSTRUAL HYGIENE MANAGEMENT & NUTRITION



Nirman Foundation facilitated sensitization of young adults in Maheshtala on nutrition and menstrual hygiene in November, 2017. The sensitization was followed by group discussion. 21 youth took part on this event.

WAY FORWARD

Nirman Foundation's work on sanitation and hygiene has only begun. The organization aspires to reach out to remote communities in need of accessing resources.

Menstrual hygiene has been a focal area of work for the last two years. The organization plans to take our work on MHM forward and reach out to more young people. Approximately 8200 students has been addressed in 2017-18. In the year to come Nirman Foundation aims to reach out to 8000 or more students. Infrastructure development for betterment of sanitation and hygiene conditions of rural West Bengal is another area Nirman aims to work towards and in the process attain a greater geographic reach.

FUNDERS

Nirman Foundation had received generous financial support from Coal India Ltd., Balmer Lawrie Pvt. Ltd., and Suman Industries Pvt. Ltd. for the financial year 2017-18 generating an amount of Rs.92 lacs utilized towards menstrual hygiene management and sanitation facilities.



NIRMAN FOUNDATION

We Care So Should You

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